

Course title:	Introduction to studies				Code:
Field of study:	Tourism and recreation				Year/Semester: 1/1
Specialization:	all				Modes: F/E
Number of hours / semester 15/8					ECTS credits: 0
Lectures: 15/8	Classes:	Laboratories:	Projects:	Seminars:	

Department: Tourism and Recreation

e-mail: wshig@wshig.poznan.pl

Course position in the study programme:

- other requirements

Objectives:

- to motivate to study in new groups by means of integration games and psychological exercises (the reduction of stress connected with new groups increases student's class participation).
- to acquaint students with the Academy structure, timetable and regulations

Course contents:

- meeting with the Academy authorities, a division into student groups, introduction of the caretaker
- training in health and safety at work, library training
- presenting the structure of the Academy and rooms where classes take place
- acquainting students with the timetable and study programme, the choice of specializations
- discussing the Academy regulations, pointing at rights and duties of a student as well as condition of completing the course
- workshop classes in groups, motivation to study in new groups by means of psychological games and integration exercises
- the choice of groups' starosts and representatives of the Student Self-Government

Teaching methods: lectures, workshops, multimedia presentations

Assessment methods: credit with a grade

Recommended reading:

Compulsory:

Obowiązkowa:

1. Regulamin studiów
2. Program i plan studiów.
3. Jak żyć z ludźmi. Umiejętności interpersonalne. Wyd. MEN, Warszawa 1998.
4. Jachimska M. Grupa bawi się i pracuje. Zbiór grupowych gier psychologicznych. Wyd. UNUS
5. Psychologiczne gry i ćwiczenia grupowe. Wyd. Instytut Badań Edukacyjnych. Warszawa 1991.