

Course title:	<b>Pedagogy of Leisure and Recreation</b>				Code:
Field of study:	<b>Tourism and recreation</b>				Year/Semester: <b>2/4</b>
Specialization:	<b>all</b>				Modes: <b>F/E</b>
Number of hours / semester: <b>45/32</b>					ECTS credits: <b>6</b>
Lectures: <b>15/8</b>	Classes: <b>30/24</b>	Laboratories: -	Projects: -	Seminars: -	

**Department: Tourism and Recreation**

e-mail: [wshig@wshig.poznan.pl](mailto:wshig@wshig.poznan.pl)

**Course position in the study programme:**

- field course

**Objectives:**

- to acquaint students with selected issues connected with pedagogy of leisure and recreation

**Course contents:**

1. Pedagogy and its branches. Tasks and a term of pedagogy of leisure.
2. Free time, its functions and determinants of free time behaviors. Culture forming and education values of free time. Changes in free time quantity in recent years. Free time in social and individual understanding.
3. Popular culture and its educational aspects.
4. The identity in the human life cycle. The evolutionary tasks at particular life stages according to E. Erikson.
5. Socialization, its phases and levels. Socialization of contemporary young people.
6. Family, its functions and new forms. The role of free time in the context of family transformations. Ways of spending free time in Polish families.
7. A contemporary image of school. The meaning of education. Mutual relations of teachers and pupils.
8. Social groups - their kinds, group behaviors. Knowledge of group development phases. Group control.
9. The workplace, paths of professional development. The influence of free time on the quality of professional work.
10. Constant education in physical culture.

11. Mass media centers and their influence on social life. The role of media in children and young people
12. Social transformations, and modifications in the sphere of recreation.
13. Methods and techniques of pedagogic investigations.
14. A graduate in tourism and recreation.

**Teaching methods:** lectures, classes

**Assessment methods:** final written quiz, examination

**Recommended reading:**

1. Bombol M., Dąbrowska A.: Czas wolny. Konsument. Rynek. Marketing. Wyd. Liber, Warszawa 2003.
2. Dąbrowski Z.: Czas wolny dzieci i młodzieży. PZWS, Warszawa 1966.
3. Kwieciński Z., Śliwierski B. (red.): Pedagogika. Podręcznik akademicki. PWN, Warszawa 2004.
4. Siwiński W.: Człowiek a kultura fizyczna i turystyka, PDW „Ławica”, Poznań 1998.
5. Siwiński W.: Metody badań pedagogicznych w dziedzinie kultury fizycznej i turystyki, AWF, Poznań 1997.
6. Siwiński W.: Pedagogika czasu wolnego, rekreacji i turystyki. PDW „Ławica”, Poznań 1999.
7. Siwiński W.: Pedagogika kultury fizycznej w zarysie, PWN i AWF, Warszawa i Poznań 2000.
8. Tyszka Z.: Rodzina we współczesnym świecie. UAM, Poznań 2003.