

Course title:	Sociology of leisure				Code:
Field of study:	Tourism and recreation				Year/Semester: II/2
Specialization:	all				Modes: F/E
Number of hours / semester 60/32					ECTS credits: 4
Lectures: 30/16	Classes: 30/16	Laboratories:	Projects:	Seminars:	

Lecturer / Lecturers:

Head of the course:

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Lecturer:

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Course position in the study programme:

- basic course

Objectives:

- to make students acquainted with basic theoretical directions, term apparatus, methodology of leisure and results concerning research on leisure in various planes

Learning outcomes:

- the observation and analysis of social phenomena appearing in leisure

Course contents:

1. A description of time as a research subject of the humanities representatives.
2. To get acquainted with a development of a sociological reflection on time in the opinion of, for example E. Durkheim.

3. A mass-media creator or a devourer of leisure.
4. Social time and leisure. The comparison of two attitudes: homofaber and homo ludens.
5. The analysis of selected contemporary conceptions of time in humanistic theories.
6. Social time and physical time – kinds of social time. Types and levels of orientation in time.
7. Workoholism and the karoshi phenomenon.
8. A contemporary role of various institutions preparing for spending free time in a proper way.
9. The influence of the social life democratization on forms of spending free time.

Teaching methods: introduction, questionnaire of time budget, classifications and typologies of lifestyles, sociological methods and techniques of leisure budget analysis, a sample survey on free time of a selected socio-occupational group

Assessment methods: three test a semester, oral verification of knowledge, final written quiz, final examination

Recommended reading:

Compulsory:

1. J. Suprewicz „Socjologia turystyki” Lublin 2005
2. J. Smith „Zaplanuj swój czas;” Warszawa 2004
3. J. Lothar Seiwert „Jak organizować czas” Warszawa 1998
4. I. Kielbasiewicz-Drozdowska, M. Marcinkowski, W. Siwiński „ Interdyscyplinarne zagadnienia aktywności rekreacyjnej, sportowej i turystycznej końca xx wieku” Poznań 2000

Supplementary:

1. G. Cieloch, J. Kuczyński, J Rogoziński „ Czas wolny-czasem konsumpcji” Warszawa 1992
2. W. Siwiński „Pedagogika kultury fizycznej w zarysie” Poznań 2000